

GRAPPVINE

VISITACION VALLEY

NUMBER 99

SERVING OUR COMMUNITY

OCTOBER 1994

Demolition Recommended for Geneva Towers



By far the tallest buildings in Visitacion Valley for more than 25 years, the twin 20-story Geneva Towers at Sunnydale Ave. and Schwerin St. could soon be replaced with normal-size housing.

Residents Would be Assisted in Moving, Finding New Homes

Just one month after appearing on national television as the lead feature of a popular primetime news show, recommendations for the disposition of the long-debated Geneva Towers was announced by the HUD and approved by the City. They should be demolished and replaced by low-rise housing.

For the 321 residents currently residing in the twin 20-story towers at Sunnydale Ave. and Schwerin St. who were made aware of the plan September 8, HUD would provide Section 8 vouchers for those who are income-eligible, relocation assistance in suitable new homes, and funds to cover moving expenses. Tenants would continue to pay the same rent - 30 percent of their income - once moved to new quarters, which will not be public housing.

"These promises will be put on paper for you to have and to hold the City and federal government accountable," said HUD Regional Director Art Agnos to those attending a September 19 meeting of the Visitacion Valley Task Force. "It's important to note Geneva Towers was never public housing and (its proposed replacement) will never become public housing."

He told the audience that although plans to rehabilitate Geneva Towers had been initially considered, the prohibitive overall cost of their improvement, coupled with an insufficient amount of rents and a majority of surrounding neighbors' requests for their removal, led HUD to its decision. Agnos also stressed that the current plan was still in a preliminary stage that could be revised to fit the needs of the community.

INEFFECTIVE

According to recently released documents, a comprehensive property analysis of Geneva Towers - acquired by HUD on June 6, 1991 - concludes

one of the primary reasons for its ineffectiveness was due to an exceedingly high concentration of family housing units on a small site. Repair and operation of the property would also require rents to exceed the maximum allowed.

Other problems cited in the report include: very high operating costs, security problems, lack of on-site amenities for families, neighborhood problems, poor management, design flaws and physical problems - many of which cannot be corrected.

It states that Geneva Towers should not be preserved as rental/ cooperative housing affordable for low-to-moderate income families because "cost of rehab is such that the monthly debt service to amortize the costs of rehab, operating expenses, and a reasonable return to the purchaser could not be provided with rents that are within 144 percent (maximum allowed) of the most recently published Section 8 Fair Market Rent for new construction and substantial rehabilitation."

Geneva Towers was also found to have major structural inadequacies. Constructed of post-tensioned concrete slab, some of the load bearing walls do not extend to the foundations, thereby decreasing overall seismic strength. Meeting only 50 percent of the current seismic code requirements, an engineering evaluation concluded that even with substantial rehabilitation, seismic repairs at an estimated cost of \$3.7 million - with limited options due to both towers' designs - would bring the buildings only up to 80 percent of current code, and still subject to extensive damage during an earthquake.

Also stressed in the report were the buildings' serious physical deterioration and insurmountable fire safety. Many major Geneva Towers building systems - including: elevators, heating, ventilation, plumbing and electrical systems; as well as windows, doors, appliances, cabinets, and roofing - have reached the end of their useful life, needing complete overhaul or replacement of up to \$50 million, in danger of costly overruns due to currently

unknown contingencies. "For example," stated one document, "the number of elevators is insufficient for the number of users, and would require four new cars. In addition to the complete overhaul of the existing six cars, if the two towers were retained for families. There are only three relatively small elevators in each building servicing almost 300 units. The lack of a freight elevator or large passenger cabs hampers the evacuation of people on gurneys."

Even with rehabilitation, the high rise structures enhances adverse wind conditions that exist in the valley, promoting adverse fire-fighting conditions.

Receiving a conditional use waiver from zoning requirements when originally designed and opened in 1960 for middle income couples and singles, Geneva Towers' developer was unable to obtain conventional financing and resorted to FHA mortgage insurance, which saw the property become subsidized family housing.

For 23 years while under private ownership, the buildings were allowed to deteriorate, despite HUD funding through the Section 8 program. HUD foreclosed on the 4.6 acre property three years ago and immediately began to clear rubble and make repairs. Approximately \$200,000 a month is now spent on security alone.

Geneva Towers was featured August 11 on *Eye to Eye* with Connie Chung, which saw the popular CBS anchorwoman strolling the grounds and discussing the complex's stringent security measures - cameras, security guards, and a large steel fence circling the perimeter of the property - with two groups of residents having opposite views of their treatment. Nevertheless, crime in the buildings has reportedly decreased 90 percent.

COMMUNITY DISCUSSIONS

HUD originally initiated a series of community meetings to discuss options for the future of Geneva Towers. Meetings were held with residents, Geneva Terrace neighbors and the Visitacion Valley community at large. In all groups, an option to demolish Geneva Towers generated the most positive support, as long as replacement housing was constructed for existing residents.

Last March, HUD requested - and Mayor Frank Jordan agreed - that a Visitacion Valley Task Force (VVT) be formed to consider six options for Geneva Towers, along with a number of community uplift proposals for the neighborhood.

VVT issued its report in June, recommending Option 6 - demolish both towers and rebuild low-rise family housing on the site, and family and senior housing on a nearby lot - as well as numerous uplift ideas for the neighborhood.

UNDERSTANDING

Both HUD and the Mayor's Office have prepared a memorandum of understanding.

See Page 8

SFPD Muni Unit Increases Patrols

Inglewood Station school patrol officers are busy working closely with the new SFPD Muni Transit Unit - headed by Capt. Richard Hesler - which has doubled in size to handle increased community complaints of crimes on Muni. Special attention will be paid to bus transfer locations, where after-school problems - fighting and graffiti - have been occurring.

Local Residents Want Better Books, Longer Hours at Valley Library

Local residents attending a public hearing at the Valley Branch for the S.F. Public Library's Preservation Fund September 1 echoed sentiments of other recently polled library users around the City. They would like to see an increase in books and materials, and more service hours - preferably on weekends.

"We need more books in different research areas for kids to do projects," commented Vincent Chao, principal of Visitacion Valley Elementary School whose students often use the facility at 45 Leland Ave. to complete homework assignments. Chao also cited the need for biographical and entertaining books, as well as multi-lingual works to serve the area's diverse readership.

Originally open 20 hours a week Monday, Tuesday, Wednesday and Friday afternoons, with additional Saturday afternoon hours later added through Children's Amendment Funding, most at the meeting agreed weekend hours - especially of Sundays - would be ideal for working parents to attend the library with their children.

Two surveys by the S.F. Library - a clipboard study at each of the City's 27 branch libraries and the Main, and a telephone poll interviewing 1,200 respondents - were recently conducted to meet requirements of Proposition E - establishing a library preservation fund - which passed last June with 70 percent voter approval.

In preference of hours, Saturday afternoons and weekday evenings drew largest favorable responses, with Sun-

day mornings the least-preferred time residents would use their libraries.

Services for seniors drew highest responses in service preferences, as did access to computer databases, with services for adults making the least impact.

In the all-important category of Hours, Services and Books, 83.1 percent of residents responded that an increase in books and materials was very important, with 62.8 percent stressing increased weekend hours, 56.4 percent increased services and 54.7 percent desiring evening hours.

Respondents would most often use their branch libraries on Wednesday evenings - more than any other night - feeling branches should close at 9 p.m.

See Page 8

Local ESL Classes Requested at Meeting

Having gathered a few hundred signatures from local Asian residents desiring a strategically-located ESL class re-established in the neighborhood, Martine Tran, an ESL Instructor for 22 years, requested a letter of support from fellow Visitacion Valley Task Force members at their September 19 meeting. Noting nearly half of the Valley's residents were of Asian descent - many with little or no English skills - Tran suggested the Visitacion Valley Community Center at 50 Raymond Ave. an ideal location for classes to be held.

Wilson High Student Awarded Medal

Rensselaer Polytechnic Institute of Troy, NY recently announced names of high school students awarded its Rensselaer Medal, with one award going to Silvia J. Sweiyan of Woodrow Wilson High School.

Rensselaer has awarded its medal since 1916 to high school juniors chosen by their schools as top students in science and mathematics, presented at more than 2,450 high schools in North America, South America, Europe and Asia. Medal winners are chosen by their school's program coordinators with 2,021 medals awarded last school year.

An international leader in the development of new, interactive approaches to undergraduate education, Rensselaer attracts students around the

world for technology-oriented programs in five schools: Engineering, Science, Management, Architecture, and Humanities and Social Sciences. It is considered an international leader in a range of fields, including: electrical and computer engineering; robotics, industrial and applied mathematics; materials engineering; lighting research; technical communication; and management and technology.

Founded in 1824, Rensselaer is the nation's oldest degree-granting technological university with 4,300 undergraduate and 2,200 graduate students.

U.S. News and World Report has consistently ranked Rensselaer among the top 50 national universities in the country, listing its graduate engineering program among the top 15.

City Guides Having Neighborhood Month

Alert to speculators in shoe-repair futures: November promises to be a big month in resale activity throughout the Bay Area.

That's because October is Neighborhood Month for San Francisco City Guides, a group of volunteers who will offer nearly 125 walks along the sidewalks of the City.

Last October, more than 3,000 walkers joined Ironnor City Guides for lively and anecdotal strolls through the history, architecture and folklore of neighborhoods both famous and infamous.

A group of 185 volunteers, City Guides is sponsored by Friends of the San Francisco Public Library, and this year's schedule will offer nearly 40 different walks with titles like: Brothels, Bordelloes and Bawds; Literary North Beach; (DownTown) Root Gardens and Open Spaces; Walk the Waterfront; Pacific Heights Mansions; Telegraph Hill Hike; Cottage Row and Its Victorian Sisters, and the Presidio

Grounds. All tours are free. Printed schedules are available at all branch libraries as well as the S.F. Convention and Visitors Bureau/ Visitor Center in Hallidie Plaza, Market and Powell Sts.

A tree tour schedule can also be obtained by sending a stamped, self-addressed envelope to: City Guides c/o Friends of the S.F. Public Library, Main Library, Civic Center, San Francisco, CA 94102.

City Guides offers about 20 free year-round walks - rain or shine - with expanded schedules in Neighborhood Months May and October.

In addition to sponsorship by the Friends of the S.F. Public Library, City Guides is supported by grants from the George Frederick Jewett Foundation, Grants for the Arts of the S.F. Hotel Tax Fund, Sheraton Palace Hotel, Independent S.F. businesses and voluntary donations from people who take City Guides walks.

Statewide Video Education Program Will Improve Government Teaching

In conjunction with California State University at Sacramento, the State Assembly recently launched the Legischool Project, a statewide video education program that could have a significant impact on the way high school students will study legislative and political processes of state government.

It will engage high school students in dialogue and debate about very real issues and problems which affect all Californians.

Drawing upon the Assembly's video archives of unedited legislative programming, the Legischool Project will oversee production of a videotape library and corresponding curriculum material on legislative issues.

Along with an independent Legischool advisory committee, the Legischool director will select - on a strictly non-partisan basis - those legislative topics most likely to stimulate interest and discussion among high school students.

A second key component of the Legischool Project will be a series of electronic town hall meetings - planned later this year - composed of teachers, students and legislators. Each meeting will be broadcast live from the State Capitol and linked through the legislature's existing interactive television hook-ups with high schools around the state.

A Sacramento-area high school class will join a member of the legislature, or - depending on the topic - a

representative of the executive or judicial branch.

"Students, both in Sacramento and in classrooms around the state, will be able to ask questions of the public officials and to engage them in conversation and discussion," said Assembly Speaker Willie Brown. "The Legischool Project will serve as a helpful adjunct to the existing textbook approach for teaching state government and should establish an engaging window on state legislative affairs for today's high school students and tomorrow's voters."

Requiring no additional public funds, the project would not have been possible without the efforts of Assemblyman Stan Statham, chairman of the Committee on Televising the Assembly - himself a former TV anchorman.

A toll-free number, 1-800-321-1966, has been established by the Center for California Studies at CSU, Sacramento, for teachers wanting more information about this innovative curriculum.

FEATURED INSIDE ...	
Work at Executive Park	2
Reading the New Food Label	3
BioTech Tomatoes In Stores	4
Glass Recycling	5
M&M's Recipes/Video Contest	5
S.F. SPCA News and Events	6
Geneva Towers Questions	8

Registration Still Possible for Job Openings In Construction at Executive Park

Although construction of the St. Francis Bay project at Executive Park is now underway, it's still possible to sign-up for job openings, according to a September 14 meeting of the complex's advisory committee. Some subcontractors for the project have been hired, but they will be recruiting workers from the community.

HOW TO APPLY

Call, visit or write either Visitacion Valley Community Center (VVCC), 50 Raymond Ave., S.F., 94134 (467-6400), or Young Community Developers (YCD), 1715 Yosemite Ave., S.F., 94124, providing your name, address, phone number (or message phone) and experience in construction.

VVCC and YCD are official recruiting agencies for the owners and all contractors of the St. Francis Bay project.

FUTURE POSSIBILITIES

Tunex USA, owners of Executive Park, are bidding as site for UCSF expansion. If UCSF locates in Executive Park, an estimated 6,000 persons could be employed. Of course, some will be scientists; but both technical and non-technical support - including lab assistants, clerical workers, janitors, gardeners, security and construction workers - will also be needed during a building phase which, if approved, could be completed by 1998. Stay tuned for further job possibility news.

Seniors Urged to Get Flu Shots

With autumn now upon us, it's time for older Americans to take precautions against pneumonia and flu epidemics on the horizon. Cost of both pneumonia and flu shots is covered by Medicare Part B (Medical Insurance) for those age 65 or older.

National Institute on Aging (NIA), American Lung Association and the Department of Veterans Affairs have launched a coordinated campaign to encourage elderly people to be vaccinated this fall. Although statistics show seniors are twice as likely as younger persons to get pneumonia, only 20 percent of those over age 65 have taken advantage of available pneumonia vaccine in the past, according to NIA.

Public Health Service recommends an annual flu shot for people over 65, even if they are generally healthy. Typically, shots are given in the fall or winter. Medicare beneficiaries do not need a doctor's prescription to have this vaccination covered by Medicare Part B. And beneficiaries do not pay a deductible or co-insurance amount.

Medicare Part B pays a reasonable approved amount for either shot. If the cost exceeds an approved amount, the beneficiary is responsible for the difference.

Generally, the cost will be paid if the vaccine is provided at a doctor's office or by a hospital, skilled nursing facility, home health agency, rural health

clinic, federally qualified health center, outpatient physical therapy provider, a comprehensive outpatient rehabilitation facility, or health maintenance organization (HMO).

However, when Medicare beneficiaries get either vaccination at a community clinic that normally provides shots free of charge to the public, beneficiaries should not be charged just because they have Medicare coverage. Medicare Part B will not pay for these shots or for vaccinations administered under a plan where an employer arranged to have free shots for all employees.

Medicare Part B pays for pneumonia and hepatitis B vaccinations when the beneficiary is in a hospital, even though the hospital stay is covered under Part A (Hospital Insurance). Flu shots are now paid in the same way.

Social Security Administration

Women and Alcohol Reprint Available

If you are a woman who drinks alcohol, you need to know facts about how it affects your body and dangers it can pose. Women make up one-third of individuals abusing alcohol in the U.S., but chronic alcohol abuse exacts a greater physical toll on women than on men.

To receive a free copy of the article *Women and Alcohol*, call Chemical Awareness and Treatment Services (CATS) at 241-1199. CATS has provided quality substance abuse treatment in San Francisco since 1978.

High Blood Pressure

According to the American Heart Association, 35 percent of the Americans with high blood pressure don't know they have it.

Two New Initiatives on November Ballot

By Mayor Frank Jordan

In this column, I would like to share with you my ideas on two upcoming ballot initiatives. As you know, I campaigned on a *quality of life* platform when I ran for mayor.

In my first two-and-a-half years in office, I have legislated against agree-

sive panhandling, put fingerprinting laws on the books to prevent double dipping in the receipt of General Assistance funds, instituted progressive sanctions for welfare fraud, instituted a 15-day residency requirement for general assistance aid and the Matrix Program as a means of enforcing the laws against obstructing sidewalks, camping in public plazas or against public soiling of the streets. All of this has been accomplished while at the same time my program for public toilets has become a reality and ATM legislation prevents solicitation of funds within 30 feet of an ATM machine.

Now, I am attempting to insure that our major streets, thoroughfares and business corridors are free from those who would lounge, sit or lie in doors and entryways in selected areas of the city.

As the argument in the Ballot Initiative Handbook states: "the presence of people sitting or lying down on sidewalks drives other people away causing shops to disappear ... neighborhoods decline. Our tax base shrinks ... and all residents suffer."

Proposition M will help keep our sidewalks and neighborhood commercial districts safe for their proper use. I hope you see the merit of this argument and support Proposition M as I do.

Another important initiative is Proposition N, the so-called mandatory rent payment measure. Currently in any shelter in the city, half of the residents have already received and spent their General Assistance payment of \$345 dollars for the month. That means money provided them for shelter has already been spent. Those interviewed have disclosed that it has gone for drugs or alcohol.

That means that money provided for shelter has been misspent. As such, the taxpayers, the client and others seeking shelter who have received no funds have been shortchanged. I am proposing to alter that through the terms of Proposition N. By its terms, the city would pay directly to the single-room occupancy hotel provider the monies which are supposed to provide shelter, eliminating the opportunity for abuse. The money would go for the purpose it was intended. It is estimated by such a changeover that at least 500 new shelter beds would open up for those who have not been given monies for housing.

If this makes sense to you as it does to me, please support Propositions N and M. It should be noted that neither of these measures jeopardizes the more than \$100 million we spend annually on the poor in direct services.

FIVE YEARS AGO IN THE GRAPEVINE

OCTOBER 1989

"Having dominated the life and landscape of Visitacion Valley since 1968, Geneva Towers faced Department of Housing and Urban Development closure, according to HUD Regional Director Robert De Monte.

"As part of an \$8.5 million grant to the S.F. Housing Authority from HUD, Mayor Art Agnos announced \$1 million would be spent to begin a seven-year overhaul of the 767-unit Sunnydale Housing Project, the City's largest public housing property.

"About 100 young people - many of them former S.F. gang members - celebrated successful completion of the Mayor's Summer Employment Program.

"About 100 people attended a Back to School Night and Multicultural Potluck Dinner September 26 at El Dorado School, 70 Delta St.

"To better coordinate City services to young people, Mayor Agnos named longtime children's advocate Keith Choy as director of the newly created Mayor's Office of Children, Youth and Their Families.

"Women of St. James Presbyterian Church scheduled November 4, 1989 for their annual Christmas Bazaar and Luncheon.

"SFPD transferred police officers from the disbanded Muni Transit Police Division to Potrero Station.

GRAPEVINE

VISITACION VALLEY

Published monthly by the Visitacion Valley Community Center, 50 Raymond Avenue, San Francisco, CA 94134 467-6400. Subscription: \$9.

Executive Director: Julia A. Kavanagh

Opinions expressed in the Grapevine are not necessarily those of VVCC.

Editorial Committee: Len Appriano, Bonnie Bamberg, Don Bertone, Vincent Chao, Walter Corbin, Pat Crocker, Victoria Grey, Shirley Holmes-Boxx, Julie Kavanagh, Brenda Lopez, Florence Pewtherer, Ming Saelee

c1994 VVCC. All rights reserved.

Smithsonian Events Coming to S.F.

The Smithsonian is coming to San Francisco - one of 10 communities in California the museum will visit as it explores the nation's cultural diversity.

October 5 through 9 with a series of illustrated lectures, a seminar and a concert for families.

Based in Washington, D.C., the Smithsonian Institution is the world's largest museum complex, comprising 16 museums and galleries: 14 in Washington, D.C., two in New York City, and the National Zoological Park

in the nation's capital.

For ticket information, call Center for the Arts, 978-2700; Wells Fargo Bank, 396-5816; Chinese Cultural Center, 396-1822; California Academy of Sciences, 221-5100; Japanese Cultural and Community Center, 567-5505; Asian Art Museum, 668-8921, ext. 38; or M.H. de Young Memorial Museum, 750-3624. If space is available, tickets will be sold at the door one-half hour before the event.

S.F. SMITHSONIAN EVENTS

Tickets are \$6 unless otherwise noted.

October 5

"Learning to Live in a Multicultural Society: The Role of Cultural Institutions, Center for the Arts, Yerba Buena Gardens, Forum, 701 Mission St., 3 p.m. Free event; no tickets required.

"The Arts and Humanities in Today's Society, Center for the Arts, 7 p.m. Free, ticketed event.

October 6

"Contemporary Hispanic and Latin American Artists, Wells Fargo Conference Center, Room 206, 1580 Van Ness Ave., 7:30 p.m. October 6

"The Chinese Village in America, Chinese Cultural Center of S.F., 760 Kearny St., third floor, 11 a.m.

"A Spacecraft Tour of the Solar System, California Academy of Sciences, Morrison Auditorium, Golden Gate Park, 3 p.m.

"When the Constitution Failed: The Japanese-American Internment Episode, Japanese Cultural and Community Center of Northern California, 1849 Sutter St., 4 p.m.

"Asian Art and the Buildings that House the National Collections, Asian Art Museum, Avery Brundage Collection, Trustees Auditorium, enter through the M.H. de Young Memorial Museum, Golden Gate Park, 1 p.m.

"A Close-up Look at Mars, California Academy of Sciences, Morrison Auditorium, 7:30 p.m.

Asian Business League

Holding Volunteer Fair

At Marriott Hotel

Asian Business League of San Francisco will host a one-day fair October 3 with more than 20 participating organizations looking for volunteers to help their programs and daily activities from 5:30 to 7:30 p.m. at the Marriott Hotel, 55 Fourth St. Services in need include: clerical support, tutoring, counseling, fundraising and computer skills. Call 788-4664 for information.

Clavion Quartet to Play Conservatory of Music

The Clavion Quartet - Ruth Butterfield, piano; Candace Gulrao, violin; Kuri Rohde, viola; and Leighton Fong, cello - will present Brahms' Quartet Op. 60 in c minor and Brahms' Quartet Op. 25 in g minor Sunday, October 2 at 8 p.m. in the Hellman Hall of the S.F. Conservatory of Music, 1201 Ortega St. at 19th Ave. A \$5 donation is welcome. Call 546-8086 for information.

Getting in Gear at the Exploratorium

Families can help construct a public art machine in a space whose walls will literally get into high gear. Gears and other moving objects can be mounted - with nuts and bolts, washers, and screws - onto a perforated metal surface specially prepared for this ever-moving, ever-changing interactive public collaboration.

Get in Gear takes place at the Exploratorium every weekend from October 1 to January 2, 12 noon to 4 p.m. It's offered in conjunction with the special exhibition *Art Machines: The Sculpture of Norman Tuck* and free with Exploratorium admission.

Exploratorium will also celebrate its third annual *Halloween Family Fun Night*, a safe alternative to neighborhood trick or treating for children and their parents - featuring costume contests, face painting, storytelling, personalities, movies, music, science, tricks, illusions, and craft making - Saturday, October 29, from 6:30 to 9:30 p.m. Tickets are \$10 for adults and \$5 for youth. Proceeds will benefit the Exploratorium's educational mission.

Family Fun Night is sponsored by KTVU Fox Kidstown, whose reporters will be covering the event.



One Day Only Backyard Composter Sale

Saturday October 15th, 9am-3pm

Sponsored by the San Francisco Recycling Program

ONLY
\$28.50*
Tax included
\$99 retail value
while supplies last



Check with ID or cash - No credit cards

*Offer for San Francisco residents with valid I.D. Only one per household

THE EARTH MACHINE

- Convenient, "no turning required"
- Easy, snap-together assembly
- Enclosed design, locking lid
- Easy harvesting through sliding door
- Light & easy to carry-fits into any car
- Big enough for a family of five
- Ten-year warranty
- 200,000 now in use
- Includes FREE 96 page composting book

San Francisco
RECYCLING
PROGRAM



SAN FRANCISCO
LEAGUE OF
URBAN
GARDENERS

7th and Lawton in
the Sunset District
(Across from the Garden
For The Environment)
Bins must be picked up at sale

Golden Gate Park
Fell
Oak
Lincoln Way
Judah St.
Lawton St.

Planning Meals with the New Food Label

Planning a healthful diet has gotten easier, thanks to the new Nutrition Facts panel on the revised food label. Or has it?

In early May, the U.S. Food and Drug Administration (FDA) unveiled the long-awaited new food label to the applause of consumers, government officials and food manufacturers alike.

But now that the dust has settled and the label fanfare has ebbed, are consumers truly better off, or has making healthful food choices simply become more complex?

"The most important thing about the new food label is to look for it on products and learn to adapt the information to your individual needs," said Nancy Schwartz, director of the National Center for Nutrition and Dietetics of the American Dietetic Association (ADA). "Get accustomed to using the food label."

EASING INTO LABELS

Schwartz recommends that people focus on one nutritional concern at a time, rather than trying to absorb all the information at once. Using the label to meet particular dietary requirements should be a gradual process.

Information on the Nutrition Facts panel is based on a 2,000 calorie diet and the specific serving size. Nutritional requirements, of course, differ from person to person depending upon physical activity, growth and development, medical condition and other factors. Infants, children, teenagers and pregnant or nursing women each have their own special dietary needs.

For example, infants need fat as a concentrated energy source for rapid growth and development. Thus, parents should not attempt to limit fat intake in babies under two years of age.

DYNAMIC DUO

Following are tips on combining information from the Nutrition Facts panel with Dietary Guidelines and the Food Guide Pyramid for healthful food choices.

Dietary Guidelines

* Eat a variety of foods.



* Maintain a healthy weight.

* Choose a diet low in fat, saturated fat and cholesterol.

* Choose a diet with plenty of vegetables, fruits and grain products.

* Use sugars only in moderation.

* Use salt and sodium only in moderation.

Using the New Label with the Pyramid

* Visualize the Food Guide Pyramid while shopping for foods, remembering that almost everyone needs at least the minimum number of daily servings from each of the five major food groups.

* Look for foods that are a good source or high in certain vitamins, minerals or fiber.

* Read the serving size and calories per serving on the label to help achieve optimal calorie intake for the day, whether you are trying to maintain, reduce or gain weight.

* Note the Daily Values on the label for fat, saturated fat and cholesterol to keep your daily intake under 100 percent.

* Check the amount of fiber, vitamins and minerals in a product. For fresh fruits and vegetables, look for voluntary nutrient listings posted in the grocer's produce section.

* Check the Nutrition Facts panel for the amount of sugars (in grams) in one serving of food.

* Note the Daily Value for sodium, particularly if you have a health condition such as high blood pressure.

READ IT RIGHT

Following are selected resources available on proper use of the New Food Label and Food Guide Pyramid:

* FDA/USDA Food Labeling Education Information Center, National Agricultural Library, 10301 Baltimore Blvd., Room 304, Beltsville, MD 20705-2351, (301) 504-5719; Internet: gmcneal@nafusda.gov. All items are free. Ask about Interlibrary loans, publications, nutritional database and various food labeling initiatives.

* Focus on Food Labeling (FDA 93-2262), produced by FDA. \$5 each from the Government Printing Office. Write to: Superintendent of Documents, PO Box 371954, Pittsburgh, PA 15260-7594.

* Read the Label, Set a Healthy Table: An Introduction to the New Food Label, produced by FDA. Single copy free. Write to: FDA, 5600 Fishers Lane, HFE-88, Rockville, MD 20857.

* The Food Guide Pyramid (HG-252), and Dietary Guidelines (HG-252), and Dietary Guidelines and

Your Diet (HG-253), produced by USDA. Write to: USDA, Agriculture Resource Service, Human Nutrition Information Service, 6505 Belcrest Road, Hyattsville, MD 20782.

* Label Facts and Healthy Eating, produced by the National Food Processors Association (NFPA) in cooperation with FDA, USDA and more than 50 other organizations. Kits contain materials for either the educator or consumer. Call or write for ordering or price information: Label Facts for Healthy Eating, the Mazer Corporation, Creative Services Division, 2501 Neff Road, Dayton, OH 45414, (513) 276-6181, ext. 218.

* Introduction to the New Food Label in Bite-Size Pieces and Food Labels for Infants Under Two Years, consumer fact sheets developed by the American Dietetic Association's National Center for Nutrition and Dietetics. Single copy free. Send a self-addressed, stamped, business-size envelope to: ADA/NCND, 216 West Jackson Blvd., Chicago, IL 60606-6995.

**ST. JAMES
PRESBYTERIAN CHURCH**
240 Leland Ave., San Francisco CA 94134
(415) 586-6381

The Rev. Dr. Jerry O. Resus, Minister

Church School Classes - 9:15 a.m.
Sunday Worship Service - 10:30 a.m.
Wednesday Bible Study - 11:00 a.m.
Friday Cottage Bible Fellowship - 7:30 p.m.
Saturday Choir Rehearsal - 10:00 a.m.

YOU are cordially welcome to join us for study, worship, fellowship and service. We seek to teach the Bible and to lift up Jesus Christ so He can draw all persons to Himself.

COME TO CHURCH THIS WEEK

Still, this new wealth of nutrition information can be daunting for many consumers. In an effort to assist the public in using the new food label, many public and private organizations are collaborating on consumer education resources.

TOOLS OF THE TRADE

Although the new label gives consumers another tool to exercise more control over their food choices and more responsibility for what they consume, people shouldn't view the labels as prescriptive. Rather, the label is one tool to achieving a healthful diet, along with the Food Guide Pyramid.

"The Food Guide Pyramid stresses the importance of dietary balance and

VISITACION VALLEY GRAPEVINE - OCTOBER 1994 - 3

moderation, and the new food label is one of the best tools available to achieve that goal," said Rados.

Yet many non-label foods also contribute to a healthful diet, and consumers need to develop nutrition knowledge to choose such foods wisely. For example, labeling for fresh vegetables, fruits and seafood are voluntary. Raw meat and poultry, and foods from delis, bakeries and restaurants are exempt from nutrition labeling. Thus, familiarity with the Food Guide Pyramid is essential for balancing one's food choices made over the course of a day.

People who need further help should seek professional guidance from a registered dietitian or physician to help apply those tools in their specific situations.

"We don't want people to view the label as the only way to achieve good nutrition," said Schwartz. "People need to realize this is not the end all or be all or the magic bullet."

"Lifestyle changes like moderate exercise, in addition to sensible meal planning, are still vital to better health. The label is simply a tool to make it easier."

International Food Information Council

BINGO AT VVCC

**66 Raymond Ave.
(at Bayshore)
San Francisco**

**Sunday Afternoons at 1 p.m.
Doors Open at 11:30 a.m.**

BIG PAYOUTS EACH GAME

Two Pad Minimum - \$5 Per Pad



**A NEW START
HAIR STUDIO**

SPECIALIZING IN COMPLETE HAIR CARE

**Men - Women - Children
Reasonable Prices**

**CALL for an appointment
or COME IN**

**(415) 584-3077
222 Leland Ave.
San Francisco, CA 94134**

Joyce Hollins & Staff

Biotech Tomatoes Roll to Market

You might think that Chicago suburbanites and Northern Californians have little in common. But during the summer they became the first Americans able to purchase the Flavr Savr tomato, the first whole food product of biotechnology.

"Almost everyone who tastes the tomatoes ends up buying them," said Jim Comigan, owner of the Carrot Top supermarket, which carries the Flavr Savrs in the Chicago area.

What's so special about this tomato that's bringing people from Southern and Western Illinois, Wisconsin and Indiana - just to get a taste?

GROWING A BETTER TOMATO

Although tomatoes are one of America's favorite produce items, when it comes to taste, they rank highest in consumer dissatisfaction.

To prevent tomatoes from spoiling on their way to market, most producers pick them when they're green and firm. They are then treated with ethylene gas - a natural ripening agent - which turns them red, but doesn't do much for taste.

Consumption of fresh tomatoes dropped 30 percent from last October to June - just about the time local, home-grown varieties are nowhere to be found, according to Calgene Inc., Flavr Savr's developers.

Biotechnology is one tool being used to address this problem.

New methods of biotechnology allow scientists to identify a gene that produces a particular trait and transfer a copy of it to another plant. Researchers are using this technique to improve methods of food production, to increase the variety and quality of foods, and to reduce agricultural impacts on the environment.

Tomatoes turn soft when an enzyme called polygalacturonase (PG) breaks down the cell walls. Calgene researchers removed the gene that produces PG, copied it and reinserted the copy into the plant backwards. This

anti-sense gene cancels most of the PG enzyme production, allowing the tomatoes to soften more slowly and remain longer on the vine to develop their natural flavor - but stay firm enough to be shipped to market.

SAFETY REVIEW

Policy of the U.S. Food and Drug Administration (FDA) states that genetically-modified foods will be regulated in the same way as all other foods on the market. Manufacturers have the responsibility to prove that a new food product is safe.

If any new food contains a substance that is not Generally Recognized As Safe (GRAS), it must receive permanent government approval as a food additive. Government approval is also required if the food contains an allergen or if the nutritional content has been changed.

Following this policy, Calgene consulted FDA about use of a marker gene in the Flavr Savr and filed a food additive petition. Calgene also sought an official review of the overall safety of the Flavr Savr to assure consumers that every potential safety question had been answered.

Throughout Calgene's five-year consultation with FDA, the agency reviewed data on the genes involved as well as analytical studies on the composition of the tomato, including the levels of nutrients and natural toxins. FDA also examined the results of feeding studies and reviewed the determination by the U.S. Department of Agriculture that growing the tomatoes poses no environmental risks.

MARK OF SUCCESS

FDA also reviewed the company's food additive petition for a marker gene that helps researchers identify which plants have successfully picked up the slow-softening trait. The marker gene - called kan(r) - gives the tomato plant cells resistance to the antibiotic kanamycin. When testing for plants with the slow-softening trait, re-

searchers look for plant cells that show no response to kanamycin.

After reviewing the data, FDA determined that the kan(r) marker gene is safe for both people and the environment. Individuals will consume such extremely low levels of the gene that it will not reduce the effectiveness of the antibiotics a person might take. Furthermore, the protein produced by the gene is rapidly digested, and shows no characteristics associated with toxins or allergens.

Similar data evaluations proved to FDA that there is no risk of transferring resistance to the antibiotic kanamycin to other organisms in the environment.

In a meeting last April of its Food Advisory Committee to specifically evaluate its review of the Flavr Savr, FDA agreed it is as safe and nutritious as any other tomato, announcing its approval the following month.

"Consumers can be confident that we remain committed to assuring that foods produced by genetic engineering are as safe as food in our grocery stores today," said FDA Commissioner David Kessler, M.D.

FRESH-TASTING FUTURE

With other companies also working on varieties of slow-ripening tomatoes, one day there may be plenty of alternatives to the standard winter tomato. Consumers can look forward to other better-tasting fruits and vegetables as well. Researchers believe that the same methods used to make tomatoes tastier can be applied to such favorites as melons, peaches, bananas and papaya.

Currently only sold at a few stores in Northern California and suburban Chicago, a Calgene spokesperson said Flavr Savrs will be available nationwide in 1995.

International Food Information Council

New Restrictions For Substance Abusers Receiving Social Security

New Restrictions for Substance Abusers Receiving Social Security Benefits.

A new law recently passed by Congress is designed to tighten control of those who abuse alcohol or drugs, halting many program abuses identified in recent months while permitting payment of benefits to disabled people wanting to overcome their addictions.

Social Security Administration pays disability benefits to people whose mental or physical impairments prevent their ability to work. Drug and alcohol addictions are considered medically determinable conditions which may prevent a person from working. Claimants may collect benefits under either the Social Security disability insurance program - if they have enough prior work - or under the Supplemental Security Income (SSI) program if they do not.

Both programs have recently been criticized because many substance abusers collecting benefits were using their checks to buy drugs and alcohol to feed their addictions. In some instances where large back payments were made, cases were documented of addicts actually dying from overdoses. Even when payments were made to a representative payee, addicts and alcoholics found easy access to these funds by threatening or cajoling the payee.

An issue was also raised that these benefits should be tied to a treatment requirement, so addicts could be rehabilitated and eventually become self-sufficient. Under the SSI program, a substance abuser whose addiction is a contributing factor to disability must participate in a treatment program as a condition for continued benefits. But there is no such stipulation under the Social Security disability insurance program.

In response to public concern of these issues and ensure integrity of these programs, Congress has passed the following provisions:

* SSI and Social Security Disability Insurance payments will be limited to the 36 months when substance abuse is material to the disability. The substance abuser will still be eligible for Medicare and Medicaid and any dependents (i.e. children) will still be able to receive benefits as long as the abuser continues to be medically disabled and meet all other eligibility requirements.

* Recipients of both types of benefits will be required to participate in a treatment program, as long as it is available at an approved facility. The beneficiary must also agree to comply with the terms of the treatment and be monitored.

* Benefits are suspended if the substance abuser does not comply with treatment. Once benefits are suspended for non-compliance, they can be restarted once the person demonstrates compliance with treatment requirements for specified periods. Once the benefits are suspended for 12 consecutive months of non-compliance, they will be terminated for good.

* Referral and Monitoring Agency contracts will be established in each state so beneficiaries may receive appropriate treatment, monitoring and drug testing.

* Large retroactive benefits will be paid gradually to substance abusers, except for those who have incurred debts to state general assistance programs, owe attorney fees, or are at high risk for homelessness.

* Representative payee requirements will be extended to all beneficiaries under both programs whose drug or alcohol addictions are material to the disability. Preference will be given to social service agencies - or federal, state or local government agencies - in naming representative payees for substance abusers, unless Social Security determines a family member would be more appropriate.

* Organizations serving as representative payees for substance abusers will be able to charge beneficiaries 10 percent of the monthly benefit or \$50 - whichever is less - for their services.

In addition, the law - due to Congress by December 31, 1995 - authorizes a study be undertaken of the receipt of benefits by substance abusers.

Social Security Administration

Grapevine by Mail

Only \$9 for a Valley original.

Name _____

Address _____

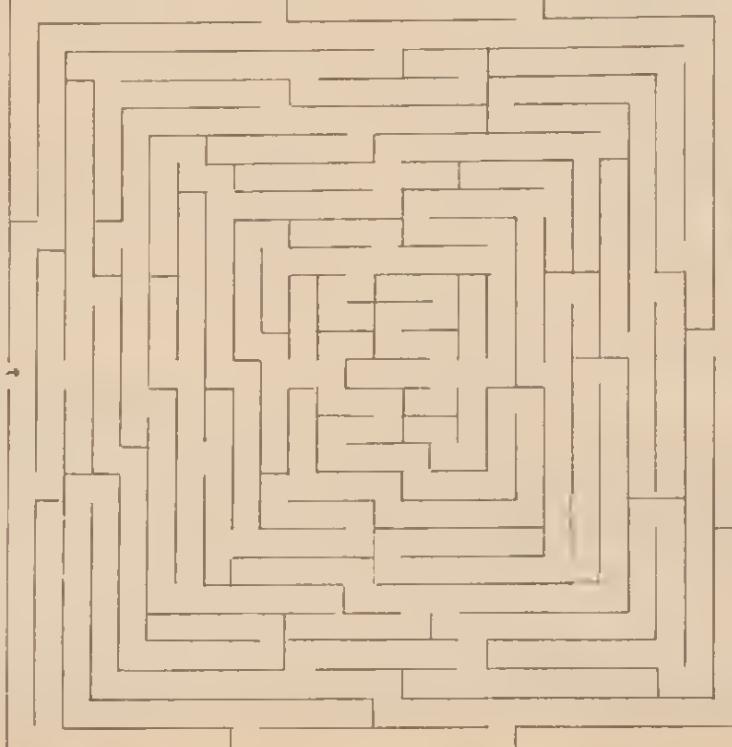
City _____

State/Zip _____

Send to: Grapevine, 50 Raymond Avenue, San Francisco, CA 94123

Crossword Solution
From Page 6

Minute Maze



We serve with honesty and dependability
FOR YOU - we buy, sell, trade, rent and manage

HENRY SCHINDEL

Real Estate Broker

239-5850

Visitacion Valley Dental Office

Albert Kuan, D.D.S.

訪谷牙醫
牙博士
通曉粵語
預約

10% Senior Discount

37 Leland Ave., San Francisco, CA 94134

Monday thru Friday 9 a.m. to 5 p.m.
Saturday 9 a.m. to 1 p.m.

Phone 239-5500 for an appointment

Cantonese Spoken

DAILY LUNCH SPECIALS CATERING AVAILABLE OPEN GAME DAYS

Hours: Mon. thru Fri., 7:00 a.m. to 4:00 p.m.



Executive Cafe

150 EXECUTIVE PARK BLVD.
SAN FRANCISCO
AT SAN FRANCISCO EXECUTIVE PARK

(415) 468-0500

Tunex Properties, Inc., San Francisco

Don't let Your Glass Go to Waste

By David Assmann

Glass manufacturing is one of the oldest of human industries. People have been making glass for more than 3,000 years. You would expect that since we've been making glass for so long, we'd be surrounded by mountains of old glass.

But glass - made primarily from sand, soda ash and limestone - is fortunately one of the easiest materials to recycle. Even the manufacture of new glass requires use of some used glass.

Glass recycling, itself, is a straightforward process. Used glass bottles and jars are mixed with raw materials and heated in a melting furnace up to 2,800 degrees F. Molten glass is then shaped in a forming machine and turned into new glass products.

RECIPE CORNER

BUTTERMILK CHICKEN

This is a great recipe for picnics or just eating on the patio.

1 envelope golden onion soup mix; 1 cup unbleached all-purpose flour; 2 large eggs; 1/2 cup buttermilk; 3 lbs. chicken, cut into pieces; 1/4 cup margarine or butter, melted.

*Substitution: Blend 1 1/2 teaspoons lemon juice with enough milk to equal 1/2 cup; let stand 5 minutes.

Preheat oven to 425 degrees F.

Combine golden onion recipe soup mix with flour; set aside.

Beat eggs with buttermilk. Dip chicken pieces in buttermilk mixture, then flour mixture, coating well. Place in large shallow baking pan, on rack, and chill 30 minutes. Drizzle with butter, then bake 45 minutes or until well done.

M&M's Baking Contest Offers \$10,000 Grand Prize for Winning Dessert Video

If you love to bake, and own or can borrow a video camera, here's a golden opportunity to showcase your talents in the kitchen. Simply whip up a delicious, easy-to-prepare dessert to tickle the taste buds, capture the moment on video in three minutes or less, and you could win \$10,000.

Aspiring bakers, age five or older, are eligible to enter the M&M's Mini Chocolate Baking Bits Create Your Own Brighter Baking Video Contest through January 15, 1995. Just submit a creative three minute video baking segment featuring your delectable edible, along with the M&M's Mini Chocolate Baking Bits package prominently displayed beside your finished baking product.

Video entries can range from a simple cookie recipe to a more elaborate chocolate confection - the choice is yours. And of course, M&M's Mini Chocolate Baking Bits must be a key ingredient in the recipe.

"We're excited to offer bakers a chance to create their own special recipe that's not only visually appealing, but delicious as well," said Pat D'Amato, M&M/MARS spokesperson. "The contest prizes are icing on the cake."

In addition to the \$10,000 first prize, four second prize video winners will receive either a color television or an oven/microwave combination. And one non-video winner will receive a video camera.

Contestants may enter any of the following video categories: Best Kid Baker, Best Individual Baker, Best Family or Group Bakers, and Best Baker with Original Recipe. There's also a non-video category: Best Original Recipe Without a Video.

Especially developed for home baking, the new M&M's Milk Chocolate Baking Bits are just one-third the size of the original Plain Chocolate Candles, which three generations of chocolate lovers have enjoyed since 1940. Available in 12-ounce packages - the equivalent of 1 3/4 cups - Baking Bits are now sold in the baking product sections of grocery stores and supermarkets.

Bakers may submit as many videos of original recipes as they like, although each original recipe can be entered into only one category. All video entries will be judged on originality, creativity and clear communication of the recipe's preparation.

In the original recipe videos - with or without a video - entries will be evaluated on originality, taste, visual appeal and ease of preparation.

To enter, print your name, address, daytime phone number and category on an 8 1/2" by 11" sheet of paper. If entering a video category, also submit a VHS full or compact (8mm) video showing preparation of your recipe. Print your name, address, daytime phone number and category entered on the outside of your video.

If entering the Best Original Recipe Without a Video category, print your original recipe on the 8 1/2" by 11" sheet of paper.

Mail entries to: M&M's Mini Chocolate Baking Bits Brighter Baking, FDR Station, P.O. Box 5111, New York, NY 10150.

All video entries and original recipes will become the exclusive property of M&M/MARS and will not be returned.

To receive a copy of the official rules, mail your request, along with a

Not only is glass easy to recycle, but can be recycled indefinitely - that glass container you used this morning might have glass in it manufactured during the Gold Rush - and it's recycled right here in the Bay Area.

Last year, 17,000 tons of glass were recycled in San Francisco - 28 percent of the 60,000 tons of recyclable glass used in the City. While 28 percent is higher than the national glass recycling average, it still means we sent 43,000 tons of glass to our landfill.

Glass makes up about six percent of waste we generate - nationwide, glass makes up about seven percent of the waste stream. Although glass production declined in the early 1980s - as a result of competition from plastic and aluminum containers - it is now increasing nationally by about 28,000 tons a year.

Most glass is used for containers, with most glass beverage containers refillable until the 1960s. Milk used to be delivered in glass bottles that could be returned, refilled and used more than 30 times. Today, less than five percent of glass containers are refillable.

A return to refillable bottles - which Sweden has successfully achieved - could save 90 percent of raw materials used in manufacture of glass bottles. It could also save energy, as it takes nearly 4,000 BTUs to make one new 12-ounce beverage container. But a 12-ounce refillable container used 10 times requires less than 700 BTUs of energy.

Since refillable glass containers are still hard to find, the next best thing is to recycle them, which in turn reduces energy used in their production by up to 30 percent while reducing air pollution - recycled glass production produces less sulfur dioxide, carbon dioxide and nitrogen oxide - and helping preserve valuable landfill space.

Also reduced is the amount of mining waste created. For every ton of glass produced, 384 pounds of waste are created - 50 percent recycled glass reduces this waste by 75 percent.

All glass containers - including bottles and jars - are recyclable. For curbside collection, glass containers can be put directly in your blue bin. If you live in an apartment, glass containers can be deposited in a central blue recycling bin.

In Chinatown, glass containers are put in a paper bags out on curbs Sunday nights by 8 p.m.

You do not need to remove paper labels - these burn off in the glass furnace.

About 80 percent of glass containers remain intact during the collection and sorting process. Sorting separates them into three groups by color: green, clear and brown. Containers are then sold to glass manufacturers who grind the glass and size it down to be fired en masse in a furnace.

Broken glass must be sold as mixed color residual pieces - usually to fiberglass companies in California - where they are ground into a fine powder and used for insulation.

Use of recycled content in glass containers and fiberglass is mandated by state law requiring they contain a minimum of 25 percent recycled content, a percentage scheduled to increase by 10 percent every three years: 35 percent January 1, 1996 and 65 percent January 1, 2005. Fiberglass must now contain at least 20 percent recycled content, but 30 percent on January 1, 1995.

Recycling glass makes sense. It saves resources and landfill space, reduces pollution and helps provide jobs right here in the Bay Area.

RECYCLING CAMPAIGN RESULTS
Congratulations to the more than 15,000 households in Visitacion Valley, Mission, Excelsior and Bayview-Hunters Point for participating in a successful Go to Bat for Recycling program where 1,000 residents received Giants tickets.

ADVERTISE IN THE GRAPEVINE

Per issue: Full Page: \$150; 1/2 Page: \$80; 1/4 Page: \$45; 1/8 Page: \$25; 1/12 Page: \$15. 10 percent off six month contract. Deadline 20th of prior month.



CHOCOLATE BERRY SQUARES

1 cup butter or margarine, softened; 1/2 cup granulated sugar; 1/2 cup firmly packed light brown sugar; 1 large egg; 1 teaspoon vanilla extract; 2 cups all-purpose flour; 3/4 teaspoon baking soda; 3/4 teaspoon salt; 1 1/2 oz. package (1 3/4 cups) M&M's Semi-Sweet Chocolate Baking Bits; 1/2 cup seedless red raspberry jam.

Preheat oven to 360 degrees F. Line a 13" by 9" baking pan with aluminum foil, extending it 1 inch beyond each end of the pan.

In a mixing bowl, cream butter and sugar until light and fluffy; add egg and vanilla. Combine flour, baking soda and salt; add to creamed mixture until blended.

Divide dough in half. With floured hands, shape each portion of dough into a 2" by 12" log and place on a greased cookie sheet about 4 inches apart. Bake 25 to 27 minutes or until firm. Remove pan from oven and cool logs for 30 to 40 minutes. Slice each log into 12 pieces and place cut side down on cookie sheet. Bake for 10 more minutes. (For softer biscotti, omit second baking.) Cool biscotti completely on rack before serving. Makes 24 pieces.

CHOCOLATE OAT MELTIES

1 cup butter or margarine (not spread); 1 cup firmly packed light brown sugar; 1 tablespoon freshly grated orange peel; 2 cups quick cooking oats; 1 cup all-purpose flour; 1 1/2 oz. package M&M's Semi-Sweet Chocolate Baking Bits or 1 1/2 oz. package M&M's Milk Chocolate Baking Bits.

Preheat oven to 360 degrees F.

In a bowl, beat butter, sugar and orange peel until light and fluffy. Add oatmeal and flour, mix until well blended. Stir in M&M's Semi-Sweet Chocolate Baking Bits. Reserve 1 cup dough; spread remaining dough into prepared pan. Spread jam evenly over top of dough to within 1/2 inch of edges. Drop reserved dough by teaspoonfuls randomly over the jam. Bake 30 to 35 minutes or until light golden brown. Cool completely in pan. Remove by lifting foil; cut into squares. Store in tightly covered container. Makes about 3 dozen cookies.

CHOCOLATE PECAN SHORTBREAD

1 cup butter, softened; 1/4 cup sugar; 1/4 cup brown sugar; 1/2 teaspoon vanilla extract; 2 cups flour; 1/2 cup coarsely chopped pecans; 1 1/2 oz. package M&M's Semi-Sweet Chocolate Baking Bits, divided.

Preheat oven to 375 degrees F. Reserve 1/3 cup M&M's Semi-Sweet Chocolate Baking Bits for glaze.

Cream butter and sugars until light and fluffy; blend in vanilla. Add flour and mix until blended.

Dough will be stiff.

Stir in pecans and 1 cup M&M's Semi-Sweet Chocolate Baking Bits. Press dough into 13" by 9" pan. Sprinkle top with remaining baking bits; press lightly into dough. Bake 18 to 20 minutes or until light golden brown. Cool completely. Drizzle with chocolate glaze (see following recipe). Cut into bars. Makes about 24 bars.

Chocolate Glaze: Place reserved 1/3 cup M&M's Semi-Sweet Chocolate Baking Bits in a microwave-safe container; add 1 tablespoon milk. Heat 1 minute on high; stir until chocolate is completely melted and mixture is smooth. Pour mixture into a zipper-type plastic sandwich bag; close bag tightly, removing all air. Snip a tiny piece off one corner of the bag (not more than 1/8 inch). Holding top of bag tightly, drizzle glaze in desired pattern.

CRUNCHY PEANUT BUTTER DROPS

2 cups all-purpose flour; 1/2 teaspoon baking soda; 3/4 cup butter or margarine (not spread); 1 1/2 cups chunky-style peanut butter; 1 cup granulated sugar; 1 cup firmly packed light brown sugar; 1 large egg; 1 1/2 oz. package M&M's Semi-Sweet Chocolate Baking Bits or 1 1/2 oz. package M&M's Milk Chocolate Baking Bits; 1 cup raisins; 1 cup chopped walnuts.

Preheat oven to 350 degrees F.

In a bowl, combine flour and baking soda; set aside. In a separate bowl, cream butter, peanut butter and sugars; add and

Also reduced is the amount of mining waste created. For every ton of glass produced, 384 pounds of waste are created - 50 percent recycled glass reduces this waste by 75 percent.

All glass containers - including bottles and jars - are recyclable. For curbside collection, glass containers can be put directly in your blue bin. If you live in an apartment, glass containers can be deposited in a central blue recycling bin.

In Chinatown, glass containers are put in a paper bags out on curbs Sunday nights by 8 p.m.

You do not need to remove paper labels - these burn off in the glass furnace.

About 80 percent of glass containers remain intact during the collection and sorting process. Sorting separates them into three groups by color: green, clear and brown. Containers are then sold to glass manufacturers who grind the glass and size it down to be fired en masse in a furnace.

Broken glass must be sold as mixed color residual pieces - usually to fiberglass companies in California - where they are ground into a fine powder and used for insulation.

Use of recycled content in glass containers and fiberglass is mandated by state law requiring they contain a minimum of 25 percent recycled content, a percentage scheduled to increase by 10 percent every three years: 35 percent January 1, 1996 and 65 percent January 1, 2005. Fiberglass must now contain at least 20 percent recycled content, but 30 percent on January 1, 1995.

Recycling glass makes sense. It saves resources and landfill space, reduces pollution and helps provide jobs right here in the Bay Area.

VISITACION VALLEY GRAPEVINE - OCTOBER 1994 - 5

Sixth Annual Potrero Hill Festival



Chris Cobb will perform at the Potrero Hill Festival October 15.

An exciting free live program of music and dance will compliment the stellar line-up of performers, face-painting, kids' portraits, handmade crafts and homemade food at the sixth annual Potrero Hill Festival, Saturday, October 15, from 10 a.m. to 5 p.m. at the Daniel Webster Schoolyard, Missouri and 20th Sts.

Sponsored by the Potrero Hill Neighborhood House and the S.F. Arts Commission, this year's entertainment includes the Chris Cobb Blues Band, the Gospel Hummingbirds, Samba do Coracao and Ben & Jerry's Ice Cream will have free emulsion rides for kids of all ages.

nando de Sanjines - and Standard Time.

There will be an all you can eat pancake breakfast at the Potrero Hill Neighborhood House, 953 DeHaro St. from 8:30 to 11 a.m. During the day, the Potrero Branch of the S.F. Public Library, 1616 20th St. hosts the 39th Annual Potrero Hill Artists' Exhibit opening reception. Throughout the afternoon, Leo's Tire Shop will again offer motorized cable car tours of the historic neighborhood and Ben & Jerry's Ice Cream will have free emulsion rides for kids of all ages.

Class on Domestic Violence Presented By UCSF Prevention Education Program

Reality of familial abuse and its devastating effect on women and children - presented by the UCSF Rape Prevention Education Program in recognition of Domestic Violence Awareness Month - will be presented by Sue Martin on October 6, noon to 1 p.m. at the university's Toland Hall, 533 Parnassus Ave.

Martin, a leader in the domestic violence field for 18 years and senior program specialist of the Family Violence Prevention Fund, will include materials from the fund's public education campaign. She'll be joined by a survivor of domestic violence who will talk about the impact of this crime on her life.

MARBLED MOCHA DROPS

A combination of coffee and chocolate gives these cookies their special flavor.

2 1/4 cups all-purpose flour; 1 teaspoon baking soda; 1/2 teaspoon salt; 1 cup butter or margarine, softened; 2/3 cup granulated sugar; 1 large egg; 1 teaspoon vanilla extract; 2 tablespoons instant coffee granules, dissolved in 1 tablespoon water; 3/4 cup coarsely chopped nuts; 1/4 cup unsweetened cocoa powder; 1 12 oz. package M&M's Semi-Sweet Chocolate Baking Bits.

Preheat oven to 350 degrees F.

In a small bowl, combine flour, baking soda and salt; set aside. In a mixing bowl, cream together butter and sugar until light and fluffy; add egg, vanilla and dissolved coffee granules. Blend in flour and nuts.

Remove half the dough to a small bowl; set aside. To the dough remaining in the mixing bowl, blend in cocoa powder. By hand, stir the M&M's Semi-Sweet Chocolate Baking Bits into the two doughs, using half for each. Combine the two doughs by folding together just enough to marbelize, about 4 strokes. Drop by heaping tablespoons about 2 inches apart onto ungreased cookie sheets. Bake 10 to 12 minutes just until until set.

Do not overbake!

Cool 1 minute on cookie sheet; remove to wire cooling rack until completely cooled. Store in tightly covered container. Makes about 2 1/2 dozen cookies.

RAINBOW BLONDES

1 cup butter or margarine (not spread); 1 1/2 firmly packed light brown sugar; 1 large egg; 1 teaspoon vanilla extract; 2 cups all-purpose flour; 1/2 teaspoon baking soda; 1 1/2 oz. package M&M's Semi-Sweet Chocolate Baking Bits or 1 1/2 oz. package M&M's Milk Chocolate Baking Bits; 1 cup chopped walnut or pecans.

Preheat oven to 350 degrees F (325 degrees F for glass pan).

In a small bowl, combine flour, baking soda and salt; set aside. In a mixing bowl, cream together butter and sugar until light and fluffy; add egg, vanilla and dissolved coffee granules. Blend in flour and nuts.

By hand, stir the M&M's Semi-Sweet Chocolate Baking Bits into the two doughs, using half for each. Combine the two doughs by folding together just enough to marbelize, about 4 strokes. Drop by heaping tablespoons about 2 inches apart onto ungreased cookie sheets. Bake 10 to 12 minutes just until golden brown. Cool completely before cutting into wedges. Store in tightly covered container. Makes 32 bars.

SUGAR COOKIE JEWELS

The Puzzler

ARGONAUT
BLYTHDALE
BRITTON
BROOKDALE
BURR
CAMPBELL
ELLIOT
GARRISON
GIRARD
GOETTINGEN
KELLOCH
LOEHR
MCCARTHY
RACINE
REY
SAN BRUNO
SANTOS
SUNRISE
TUCKER
VELASCO
WABASH

E Y H T R A C C M S O T M I
T G O E T T I N G E N O H V
T G N N O T T I R B N I G E
E O U S A P R S O T N A S L
L I R M Y A R H E O L I E L
A G B T R T Y O E S R H N I
D H N D A H F T I N E C I O
H T A O T I U G U N I O C T
T H S A B A W S A C Y L A A
Y G A T N B C A B O K L R T
L C Z O O U O C S A L E V Y
B A G A R R I S O N Y K R H
T R O H Y R L L E B P M A C
A N D N B R O O K D A L E I

VALLEY STREETS #2**S.F. SPCA Foster Parents Save Lives of Unwanted Pets**

They had no names when they were brought to San Francisco's Animal Care and Control, the city-run shelter. But four orphaned kittens needed a miracle more desperately than they needed names. At four weeks of age, the tiny strays were still too young to be adopted. Normally, they would be euthanized, as are most puppies and kittens less than eight weeks old brought to public shelters. But in this case, a miracle was waiting in the wings - the Adoption Pect.

Aimed at reducing euthanasia in S.F. shelters to 1,900 by 1995 - and having so far saved more than 850 pets - this new agreement guarantees SF/SPCA will take in and find homes for any adoptable animals the City Shelter can't place. SF/SPCA has also pledged to take treatable animals from the City Shelter and rehabilitate them for placement.

Many treatable animals taken this summer were newborns, prompting the Society to launch a massive effort

in recruiting foster parents to care for these brand-new babies and their mothers until they could be safely adopted.

With the hard work and caring spirit of these volunteer foster parents, the Society weathered the Summer Baby Boom of 1994. But there has been no lessening of need at the SF/SPCA Animal Shelter, where adult dogs and cats spared by the Adoption Pect fill facilities to capacity. Whether caring for newborn strays or homeless adult pets needing extra care, foster parents help ensure that animals in S.F. find special homes of their own.

S.F. SPCA Spay/Neuter Program a Success

With its unprecedented offer of free spaying and neutering for all vaccinated cats in San Francisco this summer, the Spay/Neuter Clinic at the SF/SPCA went into overdrive during May, June and July, drawing 1,379 unaltered felines out of the woodwork.

When construction of new quarters is completed in 1995, the Spay/Neuter Clinic and Infirmary will triple in size. Growing facilities are greatly needed to expand current programs and launch new ones - notably the Society's plan to begin spaying and neutering all City Shelter animals next year.

Why is spaying and neutering so important? It's been estimated that in the space of seven years, a single pair of unaltered cats and their offspring can produce more than 150,000 kittens. Given these numbers, it's conceivable that during the just completed fiscal year, spay/neuter programs at the SF/SPCA prevented millions of unwanted cats from being born.

National Park Service Events

Reservations needed for most activities.

OCTOBER 1**Fort Funston**

History Talk: Learn about what Fort Funston was like when occupied by the Army Coastal Artillery, and the general whose name it bears, 2:30 to 3 p.m. by meeting the ranger at the hand gliding deck. Call for directions (556-8642).

Presidio

From Post to Park: October 1 marks one of the most symbolic events of our time - transfer of the Presidio of San Francisco from the Army to the National Park Service. Pay tribute to the Presidio's past and celebrate its future as a national park during this free public celebration including: an opening ceremony; cultural and historical exhibits at the Presidio's Main Post; walks highlighting the Presidio's history, architecture, landscapes, wildlife and coastal defense network throughout the day; tours of the Presidio Museum and new information center; and living history performances depicting Presidio and S.F. histories. Complete programs will be available at the event. Call for more information (556-0865).

Living History Classroom: 1878: Learn about the daily life of soldiers and their children at the Presidio in 1878. All ages are welcome from 1:30 to 2:30 p.m. Children will be invited to dress up and participate in typical classroom activities of the period (556-0865).

Battery Chamberlin: The last operating six-inch disappearing gun guards the Golden Gate in this 1904 Endicott-period battery. Explore underground cartridge rooms containing a photo display and equipment, 10 a.m. to 2 p.m. at the far end of the Baker Beach parking lot.

OCTOBER 2**Fort Point**

Pier Crabbing: Learn about equipment, bait regulations and other important aspects of crabbing in the Bay, weather permitting, from 2 to 4:30 p.m. Meet a park ranger at the Fort Point fishing pier with 50 cent bait fee (556-0865).

Presidio

Battery Chamberlin: See October 1.

Mountain Lake to Fort Point Hike: Amble along the last three miles of Presidio founder Anza's route. Share thoughts on the human and natural history of this beautiful post, 10 a.m. to 1 p.m. by meeting Presidio docent Bob Hale at the Mountain Lake Park. Return

OCTOBER 3**Lands End**

Rocke, Feuds and Earthquakes: Enjoy a moderate 1.5 mile hike along the Coastal Trail from 10:30 a.m. to 12:30 p.m. to discover interesting

facts about the geological processes that created the S.F. Headlands. Bring a lunch and enjoy views of the Golden Gate at Eagles Point where the hike ends. Plan time to hike back on your own. Meet the ranger at the S.F. Memorial parking lot, 48th and Pt. Lobos Ave. (556-8642).

Presidio

Battery Chamberlin: See October 1.

National Cemetery Walk: S.F. National Cemetery is the final resting place of many famous and interesting people: pre-Civil War soldiers, a Union spy, an Indian scout, and 34 Medal of Honor recipients. Cross warmly and meet a walk leader at the entrance gate along Lincoln Blvd., 10:30 a.m. to noon (556-0865).

On Shaky Ground: In 1906, one of America's most devastating earthquakes shook the City. Come discover what happened that early morning of April 18, and the crucial role the Presidio played in relief efforts, from 11 a.m. to noon. Meet the ranger at the entrance to the Presidio Museum (556-0865).

OCTOBER 4

Fort Point

Pier Crabbing: See October 2.

Ocean Beach

Adopt-a-Beach Clean-up Day: Bring friends and family and gloves to pitch in and help clean up Ocean Beach from 10:30 a.m. to 12:30 p.m. Bags are provided. Meet in the parking lot at Sloat Blvd. and Great Highway (556-8642).

OCTOBER 5

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

OCTOBER 6

Fort Mason Center

Walking Tour: Take a guided walk through this cultural and recreational facility where more than 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. Meet at 11 a.m. Fort Mason Center Offices, Building A (441-5706).

Presidio

Battery Chamberlin: See October 1.

Mountain Lake to Fort Point Hike: Amble along the last three miles of Presidio founder Anza's route. Share thoughts on the human and natural history of this beautiful post, 10 a.m. to 1 p.m. by meeting Presidio docent Bob Hale at the Mountain Lake Park. Return

OCTOBER 7

Lands End

Rocke, Feuds and Earthquakes: Enjoy a moderate 1.5 mile hike along the Coastal Trail from 10:30 a.m. to 12:30 p.m. to discover interesting

facts about the geological processes that created the S.F. Headlands. Bring a lunch and enjoy views of the Golden Gate at Eagles Point where the hike ends. Plan time to hike back on your own. Meet the ranger at the S.F. Memorial parking lot, 48th and Pt. Lobos Ave. (556-8642).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 8

Fort Point

Pier Crabbing: See October 2.

Ocean Beach

Beach Party Campfire: Join a ranger for an hour-long program at 7 p.m. to enjoy the beach, the waves and the night at Lincoln Way and Great Highway. Bring warm sweaters and marshmallows (556-8642).

OCTOBER 9

Fort Funston

Walking Tour: Take a guided walk through this cultural and recreational facility where more than 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. Meet at 11 a.m. Fort Mason Center Offices, Building A (441-5706).

Presidio

Battery Chamberlin: See October 1.

Mountain Lake to Fort Point Hike: Amble along the last three miles of Presidio founder Anza's route. Share thoughts on the human and natural history of this beautiful post, 10 a.m. to 1 p.m. by meeting Presidio docent Bob Hale at the Mountain Lake Park. Return

OCTOBER 10

Lands End

Rocke, Feuds and Earthquakes: Enjoy a moderate 1.5 mile hike along the Coastal Trail from 10:30 a.m. to 12:30 p.m. to discover interesting

facts about the geological processes that created the S.F. Headlands. Bring a lunch and enjoy views of the Golden Gate at Eagles Point where the hike ends. Plan time to hike back on your own. Meet the ranger at the S.F. Memorial parking lot, 48th and Pt. Lobos Ave. (556-8642).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 11

Fort Point

Pier Crabbing: See October 2.

Ocean Beach

Beach Party Campfire: Join a ranger for an hour-long program at 7 p.m. to enjoy the beach, the waves and the night at Lincoln Way and Great Highway (556-8642).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 12

Fort Funston

Walking Tour: Take a guided walk through this cultural and recreational facility where more than 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. Meet at 11 a.m. Fort Mason Center Offices, Building A (441-5706).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 13

Fort Point

Pier Crabbing: See October 2.

Ocean Beach

Beach Party Campfire: Join a ranger for an hour-long program at 7 p.m. to enjoy the beach, the waves and the night at Lincoln Way and Great Highway (556-8642).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 14

Fort Funston

Walking Tour: Take a guided walk through this cultural and recreational facility where more than 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. Meet at 11 a.m. Fort Mason Center Offices, Building A (441-5706).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 15

Fort Point

Pier Crabbing: See October 2.

Ocean Beach

Beach Party Campfire: Join a ranger for an hour-long program at 7 p.m. to enjoy the beach, the waves and the night at Lincoln Way and Great Highway (556-8642).

Presidio

Battery Chamberlin: See October 1.

Main Post Historical Walk: See October 8.

Pedaling the Presidio: See October 9.

OCTOBER 16

Fort Funston

Walking Tour: Take a guided walk through this cultural and recreational facility where more than 50 arts, environmental and cultural groups utilize converted military warehouses for museums, theaters, galleries, classes and workshops. Meet at 11 a.m. Fort Mason Center Offices, Building A (441-5706).

Presidio

Battery Chamberlin: See October 1.

After School Activities, Saturday Classes And Halloween Fun at Randall Museum

On a spectacular hillside overlooking the City and San Francisco Bay, Randall Museum is a place where children of all ages can discover and create through exciting hands-on programs in the arts, sciences and natural environment. Offered are classes - both drop-in and ongoing - special events, exhibits, and live presentations and productions - all at a low cost or free. Plenty of free parking is available. Call 554-9600 for information.

AFTER SCHOOL CLASSES

This fall, Randall Museum continues to offer dynamic after school classes, including *Gizmos and Electricity* (ages 9-13), *Tell It with Video*, a *Storytelling and Video Workshop* (ages 8-12), *Magic in Motion* (ages 10-12) and *Marine Science* (ages 6-8). In addition to parent/child classes (ages 3-6 with an adult), teen ceramics, video classes and adult sessions. Classes begin October 4.

HALLOWEEN FESTIVAL

Randall Museum's annual Halloween Festival, October 29, 11 a.m. to 3 p.m. offers a wide range of Halloween activities for the whole family. Let the night time magic of the infamous *Nocturnal Gallery* thrill you. Creep through the *Haunted Tunnel* ... if you dare! Other horrific happenings include skull dredging, crafts, games, pumpkin carving, face painting and a Halloween feast fit to frighten your hunger away!

Everyone is encouraged to wear a costume. A 2 p.m. costume parade will be followed by a special Halloween magic show with Mike the Magician.

Admission is free, while activities - some also free - start at 50 cents, with \$3 for pumpkin carving.

SATURDAY CLASSES

Special limited Saturday classes begin at 1 p.m., with sign-ups starting at 12:30 p.m. All ages are welcome to classes - which last one to two hours - but children under 8 should be accompanied by an adult.

*October 1: *Spinning Tops* with Julie Willard. Have fun with physics as you feel the force of a gyroscope. Make your own spinning top that mysteriously changes colors. \$3 a person.

*October 8: *Personal Treasure Boxes* with Leslie Yee Murata. Decorate your own treasure box with everything under the sun. Bring scrap fabric, photos and other personal treasures. \$4 a person.

*October 15: *Paper Planes* with John Dillon. Learn to fold and fly bi-planes, helicopters, flying hoops, flying wings and more. Class will end with a *Fly-off Derby* in the Museum Theater. \$3 a person.

*October 22: *Paper Masks* with Kermi Amorphis. A master paper artist will show how to make masks with incredible shapes, detail and design. \$4 a person.

ALSO ON SATURDAYS

*Free Animal Talk every Saturday at 2:15 p.m.

*Model Railroad Exhibit every second and fourth Saturday, 1 to 4 p.m.

*Drop-in Family Ceramics Workshop every Saturday at 10 a.m.

October 1994

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1 10 A.M. SATURDAY ART CLASSES AT VVCC (50 RAYMOND)
2 1 P.M. VVCC BINGO	3 Senior Shopping Day 11:30 a.m.	4 Senior Bingo 11:30 a.m. 96 Raymond	5 8:30 A.M. VALLEYWIDE PARENTS COUNCIL MEETING	6 11 A.M. VVCC SENIOR COUNCIL MEETING 7 P.M. ROSES MEETING	7 7:30 P.M. VISITACION VALLEY ASIAN RIMINI'S ASSOCIATION	8 10 A.M. SATURDAY ART CLASSES AT VVCC (50 RAYMOND)
9 1 P.M. VVCC BINGO	10 COLUMBUS DAY (OBSERVED)	11 4 P.M. VVCC BOARD MEETING 4:30 SUNNYDALE TINANTS MEET 7 P.M. EL DONADO NBC MEETING	12 6 P.M. EXECUTIVE PAIR ADVENTURE COMMITTEE	13 Senior Sewing 9:30 a.m.	14 Senior Painting Class 12 noon	15 10 A.M. SATURDAY ART CLASSES AT VVCC (50 RAYMOND)
16 1 P.M. VVCC BINGO	17 6 TO 7:30 P.M. VISITACION VALLEY TASK FORCE MEETING AT 240 LATHROP AVE	18 Senior Bingo 11:30 a.m. 96 Raymond	19	20 Senior Sewing 9:30 a.m.	21 Senior Manne World Dancing	22 10 A.M. SATURDAY ART CLASSES AT VVCC (50 RAYMOND)
23 1 P.M. VVCC BINGO	24 Senior Shopping Day 11:30 a.m.	25 Senior Bingo 11:30 a.m. 96 Raymond	26	27 USDA SURPLUS Food Distribution DAY AT VVCC	28 Senior Painting Class 12 noon	29 10 A.M. SATURDAY ART CLASSES AT VVCC (50 RAYMOND)
30 1 P.M. VVCC BINGO DAYLIGHT SAVINGS	31 Senior Shopping Day 11:30 a.m.					

Tanforan Sidewalk Sale

Tanforan Park Shopping Center, located off Highway 280 in San Bruno, will feature a *Sidewalk Sale* October 7 through 10 where more than 50 participating stores will reduce prices on selected items from 10 to 50 percent.

Korean Church Hosts Feast at Waste Expansion Meeting

Members of the Korean Presbyterian Church will host a special Korean feast for those attending the next meeting of the S.F. Planning Commission Advisory Committee on October 4, 6:30 p.m. at 120 Lathrop Ave. before start of the 7 p.m. meeting at the church. Monthly forums continue to advise the City on terms and conditions by which proposed expansion of the existing Hazardous Waste Facility at 501 Tunnel Ave. may be acceptable to the community.

GRAPEVINE WANT-A-O'S
Private parties only. Up to 20 world for \$1. Extra lines 50 cents each. Mail ad and check by 20th of prior month to: Visitacion Valley Grapevine, 50 Raymond Ave., San Francisco, CA 94134

Hobbies and Collectibles Show for Seniors In Golden Gate Park

Senior citizens are invited to attend S.F. Recreation and Park Department's 41st annual *Senior Citizens' Hobbies and Collectibles Show*, Thursday, October 13 from 10 a.m. to 4 p.m. free at the S.F. County Fair Building at Ninth Ave. and Lincoln Way.

This two-room show includes exhibit and sale of a wide variety of crafts made by S.F. seniors, food, entertainment, raffles, bargain shopping and fun for the entire family. For more information, call 666-7025 or 666-7036.

訪谷區鄰居中心 Saturday Art Program 星期六青少年藝術班

at VVCC 每班免費參加

50 Raymond Avenue - upstairs Ballroom/Studio.

All Saturday Art Class activities are free.

	Arts & Crafts 11:00-1:00	Photography 10:00-2:00	Water Color & ... 12:00-2:00
Saturday 9/24	Drawing & Painting Teacher, Mrs. Debbie Faulkner. 書畫	Registration for Fall term, Introduction to the darkroom, Rayo-grams, Teacher, Ms. Kim Wood. 登記	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. 畫畫
Saturday 10/1	Bookmaking, Teacher, Mrs. Debbie Faulkner. 做一本新書	Pinhole cameras, Intro to cameras & shooting pictures, Teacher, Ms. Kim Wood. 教用照相機	Drawing and Painting for young children, Teacher, Mrs. Ng. 水彩畫
Saturday 10/8	Wood Sculpture, Teacher, Mrs. Debbie Faulkner. 做木具	Developing film, History of Photography, Teacher, Ms. Kim Wood. 洗照片	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. 字畫
Saturday 10/15	Tin Picture Frames, Teacher, Mrs. Debbie Faulkner. 做書架	Printing first photographs & discussion, Teacher, Ms. Kim Wood. 印照片	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. ：
Saturday 10/22	Halloween Masks, Plastergaize Teacher, Mrs. Debbie Faulkner. 做鬼節面具	Planning photography project, Teacher, Ms. Kim Wood. ：	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. ：
Saturday 10/29	Decorate Masks (see 10/22), Teacher, Mrs. Debbie Faulkner. 做鬼節面具	Work on project, Teacher, Ms. Kim Wood. ：	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. ：
Sunday 11/5	Clay Teacher, Mrs. Debbie Faulkner. 做泥手藝	Work on project, Teacher, Ms. Kim Wood. ：	Drawing and Painting and calligraphy for young children, Teacher, Mrs. Ng. ：

VVCC Senior Program Offers Weekly Activities

VVCC Senior Program, located at 68 Raymond Ave., offers the following regular senior activities, scheduled weekly except holidays.

*Monday: On the *Free Shopping Day*, a van leaves the Senior Center at 11:30 for shopping excursions to supermarkets and other large stores.

*Tuesday: *Senior Bingo* from 11:30 a.m. to 2:30 p.m.

*Thursday: *Sewing* from 9:30 a.m. to 3 p.m.

*Friday: *Painting Class* from 12 noon to 5 p.m.

There will also be an outing to Marine World for seniors October 21. For further details, call VVCC Senior Program Director Pat Crocker at 467-4499.

Kodak PhotoCD

On-Site Image Transfers

* The new industry standard
* Five levels of resolution per scan from thumbnail to 2K x 3K dpi

* Support in many image manipulation and image database applications

* Archive your 35 mm photos; 100 or more per CD-ROM disc

* Photos, slides and negatives saved in any format

Professional Scanner Has Arrived!
LARGE FORMAT

- * 4 x 5 2 1/4 35 mm
- * Up to 4,000 x 6,000 pixels
- * Six levels of resolution
- * File sizes up to 72 MB - 25 Images per CD-ROM
- * Storage cost 3 cents per MB
- * Compare with SyQuest storage cost of more than \$1 per MB
- * Any text documents scanned and OCR corrected for only \$1 per page
- * Saves hours of retyping
- * Sliding scale prices with special deals for all community groups
- * Hard drive data of any kind converted to 650 mb CD-ROM
- * Can come to your home or office to transfer
- * Photographer available
- COMING SOON
- * Video to computer transfers

DON BERTONE
(415) 467-9669
Fax 468-9669

COMMUNITY BOARDS OF SAN FRANCISCO SERVING VISITACION VALLEY SINCE 1976

Are you involved in a conflict?
Resolve it peacefully at no cost.
For information or assistance, call:
863-6100

SE HABLA ESPANOL

有專門工作人員

SAN FRANCISCO PLANNING COMMISSION ADVISORY COMMITTEE ON HAZARDOUS WASTE FACILITY EXPANSION ON TUNNEL AVENUE

Regular Meeting, October 4, 1994, 7 p.m.
Korean Presbyterian Church
120 Lathrop Ave., San Francisco

Review of existing hazardous waste operations - what is proposed to change?
Health Risk Assessment Presentation

Further Information: 558-6319, or
Don Bertone, Chair: 467-9669

Geneva Towers

From Page One

derstanding - including an improvement plan for the Valley - listing contributions from the City as well as HUD to improve Visitacion Valley. In September, a federally-required disposition plan for Geneva Towers was released for a 30-day public comment period.

In the memorandum of understanding, HUD will:

*Provide relocation assistance for present residents of Geneva Towers;

*Provide Section 8 vouchers to residents to help pay for new housing while they continue to pay 30 percent of income for rent;

*Maintain a listing of Geneva Towers residents so that their right to return to replacement housing is secured;

*Provide Project Based Section 8 subsidy for up to 50 percent of the 300 replacement family housing units, and all 100 units of senior housing;

*Continue to work with the City and the VVTF in planning for the Valley and its economic development;

*Assist in job development and preparation for low and very low income residents in the neighborhood, while providing economic development assistance to local businesses;

*Notify the private industry Council that the agreement has been signed so that before construction activity occurs at Geneva Towers and the surrounding neighborhood, the PIC can create a pool of job applicants;

*Ensure all bid documents for HUD-assisted construction contain a plan to hire 30 percent of the workforce from the designated pool of applicants; and

*Collaborate with other agencies to target economic development programs toward the area.

HUD will also work with the Housing Authority to ensure increased security protection at Sunnydale, while continuing to fund its rehabilitation at \$54 million.

In the agreement, the City will: build replacement housing, improve public safety, continue and improve social services, and assist in the economic development of Visitacion Valley while improving Sunnydale and ensuring compliance with civil rights - including accessibility for the disabled.

In building replacement housing, the City agreed to:

*Purchase 150 Britton St. at \$1.5 million for future affordable housing;

*Locate and obtain a site for 50 to 100 units of senior housing and a center providing services to seniors of Visitacion Valley;

*Locate and obtain a site for 300 family units located in Visitacion Val-

ley; and

*Guarantee preferences for Geneva Towers residents with newly-constructed housing.

To improve police services in the Valley, the City will revise service boundaries so the entire area will be covered by the closest police station located in the Bayview. An on-site 24-hour center with patrol personnel will be implemented before occupancy of replacement housing occurs, with a separate working group handling crime at Geneva Terrace. There will also be City collaboration with residents and owners to make Visitacion Valley a drug free community.

To continue and improve social services, the City will:

*Continue Public Health services at another accessible location;

*Continue daycare services by a city

purchase or construction of a new daycare facility;

*Check feasibility of purchasing a building for use as a social service/employment training center as recommended by VVTF; and

*Work with the S.F. Unified School District in establishing a community beacon school at Visitacion Valley Middle School to include programs such as social services, recreational services and career counseling.

In improving the economic develop-

ment of Visitacion Valley, the City

plans to:

*Develop a detailed economic development plan for the Valley in conjunction with the VVTF, funded by the CDBG;

*Ensure economic development op-

portunities are made available to residents and local businesses, with the City Human Rights Commission docu-

menting good faith efforts in achieving

a 30 percent goal of Valley trainees,

employees contractors and subcon-

tractors;

*Enter into agreements with building trades and labor organizations to create partnerships to facilitate achievement of the above goals; and

*Provide \$6 million in CDGB funds in the next five-year period to fund above activities and make community improvements.

Future Housing Authority in lieu of taxes will not be collected by the City to help ensure economic viability of the S.F. Housing Authority.

Q: Do tenants pay first and last month's rent to the new landlord?

A: No. The Housing Authority will not allow landlords to charge first and last month rents. The Housing Authority guarantees the payment of rent and repairs when an individual leaves a unit; therefore, there is no need to collect first and last month rents. This will be explained to a landlord by the Housing Authority staff.

Q: Can letters of reference be given to residents to help them get into another unit? This would be helpful to people who may have bad credit, or have filed for bankruptcy in the past but are current in their rent.

A: Yes, the management company will give residents letters of reference; but only on specific items, such as whether a person is current on their rent or how they maintained their unit. HUD can not address any reputation or stigma that may be attached to Geneva Towers.

Q: Can people who are not now on the lease move in and make use of a voucher?

A: Anyone who is on the lease at the time the voucher is issued will be housed under the voucher. HUD cannot authorize the issuance of vouchers for people who arrive later, unless due to birth.

Q: Is there a time limit on vouchers?

A: Normally there is. However, special vouchers are earmarked for residents of Geneva Towers. A voucher will not be issued until a person has found other housing. This gets around the usual 60-day extension for a voucher.

Q: Can residents be paid more than \$60 for house hunting, as many do not have a car and transportation will be expensive?

A: A relocation specialist will assist with transportation. HUD may use a van to take people to various locations. If adequate information is provided proving \$60 is not enough, it may be possible to increase the amount.

Valley Library

From Page One

When asked about the importance of providing various materials at the library, telephone survey respondents gave strong preference to reference materials, such as encyclopedias and almanacs and books for children and teenagers. More than half of respondents also felt it critical or very important to provide magazines, newspapers, and how-to books for personal information, and books in non-English languages.

In contrast, non-users of the library system most frequently stated they had no need to visit the library or received information elsewhere. Other reasons frequently cited were that people were too busy, or were new to an area.

Commission of African American Males Hearing

California Commission on the Status of African-American Males will host a public hearing October 1, from 9 a.m. to 1 p.m. at the Southeast Community Facility, 1800 Oakdale St. This will be fifth in a series of hearings having been held across the state focusing on exemplary programs in California that serve African-American males.

The Commission is in its final phase of data collection for its exhaustive study on the conditions of African-American males in California," said Assemblywoman Barbara Lee. "A review, description and critical analysis of those successful programs for young African-American males will constitute a significant component of this study."

Questions on Relocation

Following are questions recently asked concerning the proposed relocation of Geneva Towers residents.

Q: Can a family's move be scheduled at a time not conflicting with the school year?

A: This will be determined by availability of housing, not by HUD. If a family is able to arrange with a new landlord to hold a unit until school is in recess, it is acceptable to HUD.

Q: Can a person move into subsidized housing without using a voucher? What preference will be given Geneva Towers residents?

A: A person can put their name on the waiting list for another subsidized development any time they wish, whether or not they have a voucher. They will also have a federal preference for acceptance to the subsidized development because they are being relocated due to government action. This will not put them in with other people who have a federal preference near the top of the overall waiting list. Persons with vouchers can relocate anywhere in the United States. Their voucher will be transferred to the appropriate housing authority for their benefit.

Q: Do seniors have to move to senior housing?

A: No. Seniors may move to family housing if they wish; however, seniors are only eligible for a one-bedroom unit.

Q: Will there be compensation for life disruption?

A: This is not a usual federal relocation benefit. However, it is being investigated. HUD will do what it can to accommodate the situation.

Q: Can people stay in Geneva Towers until the new housing is built and then move into the new housing?

A: This is a possibility being investigated.

Q: What is meant by affordable housing? Will there be housing for people at the income level now in Geneva Towers?

A: No. A person can move anywhere in the United States. Housing authorities have reciprocal agreements for the transfer of funds for vouchers across state lines.



Cathy M. Kline

Lifetime Senior Marketing Consultant
Broker Associate

**FOX &
CARSKADON**
**Better
Homes
and Gardens®**

Residential Real Estate Same Great Service!

**2633 OCEAN AVE. at 19TH
SAN FRANCISCO, CA 94132**

(415) 334-1880